



Carondelet Manor

July 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 8:35 Senior Fit (WR) 9:30 Spiritual Reflection (Ch. 2494) 11:00 Mass (Chpl / Ch. 2494) 3:30 Prayer Service (Ch. 2494)	2 10:15 Rosary 11:00 Mass (Chpl, Ch. 2494) 1:15 Exercise Group (WR) 2:00 Independence Day Trivia	3 8:35 Senior Fit (WR) 9:00 Open Swim (Pool) 10:15 Divine Mercy Chaplet (Ch. 2494) 11:00 Mass (Chpl / Ch. 2494) 3:00 Holy Hour (Ch. 2494)	4 9:30 Spiritual Reflection (Ch. 2494) 11:00 Mass (Chpl, Ch. 2494) 1:15 Exercise to Music (WR) <i>Independence Day</i>	5 9:00 Water Exercise (Pool) 10:15 Rosary (Ch. 2494) 11:00 Mass (Chpl, Ch. 2494) 1:15 Exercise (WR) 2:00 Bingo 5:30 Movie (Ch. 2494)	6 9:30 Lutheran Service (Ch.2494) 1:00 Afternoon Matinee (Ch.2494) 3:05 STL Cardinals vs. WSH (Ch. 37)
7 10:30 Mass (Chapel, Ch. 2494) 12:35 STL Cardinals vs. WSH (Ch. 37)	8 8:35 Senior Fit (WR) 9:30 Spiritual Reflection (Ch. 2494) 11:00 Mass (Chpl / Ch. 2494) 2:00 Orange Dream Floats (GC) 3:30 Prayer Service (Ch. 2494)	9 9:00 Courtesy Cart (Lobby) 10:15 Rosary 11:00 Mass (Chpl, Ch. 2494) 1:15 Exercise Group (WR) 2:00 Resident Meeting (GC) 6:00 Outdoor Concert Micheal Feldman	10 8:35 Senior Fit (WR) 9:00 Open Swim (Pool) 10:15 Divine Mercy Chaplet (Ch. 2494) 11:00 Mass (Chpl / Ch. 2494) 3:00 Holy Hour (Ch. 2494)	11 9:30 Spiritual Reflection (Ch. 2494) 11:00 Mass (Chpl, Ch. 2494) 1:15 Exercise to Music (WR)	12 9:00 Water Exercise (Pool) 10:15 Rosary (Ch. 2494) 11:00 Mass (Chpl, Ch. 2494) 1:15 Exercise (WR) 2:00 Bingo 5:30 Movie (Ch. 2494)	13 9:30 Lutheran Service (Ch.2494) 1:00 Afternoon Matinee (Ch.2494) 1:15 STL Cardinals vs. CHC (Ch. 37)
14 10:30 Mass (Chapel, Ch. 2494) 1:15 STL Cardinals vs. CHC (Ch. 37)	15 8:35 Senior Fit (WR) 9:30 Spiritual Reflection (Ch. 2494) 11:00 Mass (Chpl / Ch. 2494) 2:00 Wordle (GC) 3:30 Prayer Service (Ch. 2494)	16 10:15 Rosary 11:00 Mass (Chpl, Ch. 2494) 1:15 Exercise Group (WR) 2:00 Art History Trivia	17 8:35 Senior Fit (WR) 9:00 Open Swim (Pool) 10:15 Divine Mercy Chaplet (Ch. 2494) 11:00 Mass (Chpl / Ch. 2494) 3:00 Holy Hour (Ch. 2494)	18 9:30 Spiritual Reflection (Ch. 2494) 11:00 Mass (Chpl, Ch. 2494) 1:15 Exercise to Music (WR) 6:00 Matt Davis Outdoor Concert	19 9:00 Water Exercise (Pool) 10:15 Rosary (Ch. 2494) 11:00 Mass (Chpl, Ch. 2494) 1:15 Exercise (WR) 2:00 Bingo 5:30 Movie (Ch. 2494)	20 9:30 Lutheran Service (Ch.2494) 1:00 Afternoon Matinee (Ch.2494) 6:20 STL Cardinals vs. ATL (Ch. 37)
21 10:30 Mass (Chapel, Ch. 2494) 12:35 STL Cardinals vs. ATL (Ch. 37)	22 8:35 Senior Fit (WR) 9:30 Spiritual Reflection (Ch. 2494) 11:00 Mass (Chpl / Ch. 2494) 2:00 This Month in History 3:30 Prayer Service (Ch. 2494)	23 9:00 Courtesy Cart (Lobby) 10:00 Art Museum (lobby) 10:15 Rosary 11:00 Mass (Chpl, Ch. 2494) 1:15 Exercise Group (WR)	24 8:35 Senior Fit (WR) 9:00 Open Swim (Pool) 10:15 Divine Mercy Chaplet (Ch. 2494) 11:00 Mass (Chpl / Ch. 2494) 3:00 Holy Hour (Ch. 2494)	25 9:30 Spiritual Reflection (Ch. 2494) 11:00 Mass (Chpl, Ch. 2494) 1:15 Exercise to Music (WR) 2:00 Christmas in July Sing-a-Long (Chapel)	26 9:00 Water Exercise (Pool) 10:15 Rosary (Ch. 2494) 11:00 Mass (Chpl, Ch. 2494) 1:15 Exercise (WR) 2:00 Bingo 5:30 Movie (Ch. 2494)	27 9:30 Lutheran Service (Ch.2494) 1:00 Afternoon Matinee (Ch.2494) 6:15 STL Cardinals vs. WSH (Ch. 37)
28 10:30 Mass (Chapel, Ch. 2494) 1:15 STL Cardinals vs. WSH (Ch. 37)	29 8:35 Senior Fit (WR) 9:30 Spiritual Reflection (Ch. 2494) 11:00 Mass (Chpl / Ch. 2494) 2:00 2:00 Down to Earth Presentation (GC) 3:30 Prayer Service (Ch. 2494)	30 10:15 Rosary 11:00 Mass (Chpl, Ch. 2494) 1:15 Exercise Group (WR) 2:00 Strawberry Banana Smoothies (GC)	31 8:35 Senior Fit (WR) 9:00 Open Swim (Pool) 10:15 Divine Mercy Chaplet (Ch. 2494) 11:00 Mass (Chpl / Ch. 2494) 3:00 Holy Hour (Ch. 2494)			

All activities in the Gleason Center unless otherwise noted in parenthesis () following the activity name. Activities are subject to change.
 (Chpl) Chapel (GC) Gleason Center (SMTR) Sister Mary Timlin Room (DR) Dining Room (PL) Parking Lot