


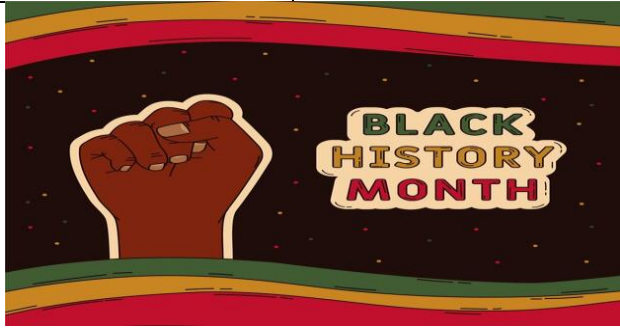


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<p>1 9:30 Spiritual Reflection (Ch. 2494) 11:00 Mass (Chpl, Ch. 2494) 1:15 Vitality in Motion (WR)</p>	<p>2 9:00 Water Exercise (Pool) 10:15 Rosary (Ch. 2494) 11:00 Mass (Chpl, Ch. 2494) 1:15 Exercise (WR) 2:00 Bingo 5:30 Movie (Ch. 2494)</p>	<p>3 10:00 Pottery Class (GC)</p>
<p>4 10:30 Mass (Chapel, Ch. 2494)</p>	<p>5 8:35 Senior Fit (WR) 9:30 Spiritual Reflection (Ch. 2494) 9:45 Bookmobile (Cass) 11:00 Mass (Chpl, Ch. 2494) 2:00 Black History Month Documentary: "13th" 3:30 Prayer Service (Ch. 2494)</p>	<p>6 9:00 Lutheran Service 10:15 Rosary (Ch. 2494) 11:00 Mass (Chpl, Ch. 2494) 1:15 Exercise Group (WR) 2:00 Music with Michael Shornick (SMTR)</p>	<p>7 8:35 Senior Fit (WR) 9:00 Open Swim (Pool) 10:15 Divine Mercy Chaplet (Ch. 2494) 10:30 Mass – Anointing of the Sick (Chpl / Ch. 2494) 3:00 Holy Hour (Ch. 2494) 5:00 Employee Anniversary Awards (Chapel)</p>	<p>8 9:30 Spiritual Reflection (Ch. 2494) 11:00 Mass (Chpl, Ch. 2494) 1:00 Exercise to Music (WR)</p>	<p>9 9:00 Water Exercise (Pool) 10:15 Rosary (Ch. 2494) 11:00 Mass (Chpl, Ch. 2494) 1:15 Exercise (WR) 2:00 Bingo 5:30 Movie (Ch. 2494)</p>	<p>10</p>
<p>11 10:30 Mass (Chapel, Ch. 2494)</p>	<p>12 8:35 Senior Fit (WR) 9:30 Spiritual Reflection (Ch. 2494) 11:00 Mass (Chpl / Ch. 2494) 2:00 Resident Meeting (GC) 3:30 Prayer Service (Ch. 2494)</p>	<p>13 9:00 Lutheran Service 10:15 Rosary (Ch. 2494) 11:00 Mass (Chpl, Ch. 2494) 1:15 Exercise Group (WR) 2:00 Happy Hour with Chad Evans (SMTR)  Fat Tuesday</p>	<p>14 <i>Valentine's Day</i> 8:35 Senior Fit (WR)  9:00 Open Swim (Pool) 10:15 Divine Mercy Chaplet (Ch. 2494) 11:00 Mass (Chpl / Ch. 2494) 3:00 Holy Hour (Ch. 2494) <i>Ash Wednesday</i></p>	<p>15 9:30 Spiritual Reflection (Ch. 2494) 11:00 Mass (Chpl, Ch. 2494) 1:15 Vitality in Motion (WR) 2:00 Drums for Fun (Music Room)</p>	<p>16 9:00 Water Exercise (Pool) 10:15 Rosary (Ch. 2494) 11:00 Mass (Chpl, Ch. 2494) 1:15 Exercise (WR) 2:00 Bingo 5:30 Movie (Ch. 2494)</p>	<p>17 10:00 Pottery Class (GC)</p>
<p>18 10:30 Mass (Chapel, Ch. 2494)</p>	<p>19 8:35 Senior Fit (WR) 9:30 Spiritual Reflection (Ch. 2494) 11:00 Mass (Chpl / Ch. 2494) 2:00 Nature Documentary: "My Octopus Teacher" 3:30 Prayer Service (Ch. 2494)</p>	<p>20 9:00 Lutheran Service 9:45 Bookmobile (Cass) 10:15 Rosary (Ch. 2494) 11:00 Mass (Chpl, Ch. 2494) 1:15 Exercise Group (WR) 1:15 Stations of the Cross (Chapel)</p>	<p>21 8:35 Senior Fit (WR) 9:00 Open Swim (Pool) 10:15 Divine Mercy Chaplet (Ch. 2494) 11:00 Mass (Chpl / Ch. 2494) 3:00 Holy Hour (Ch. 2494)</p>	<p>22 9:30 Spiritual Reflection (Ch. 2494) 11:00 Mass (Chpl, Ch. 2494) 1:00 Exercise to Music (WR) 2:00 Music with the Queens of Swing (SMTR)</p>	<p>23 9:00 Water Exercise (Pool) 10:15 Rosary (Ch. 2494) 11:00 Mass (Chpl, Ch. 2494) 1:00 Chili Cookoff (Cass Ave) 2:00 Bingo 5:30 Movie (Ch. 2494)</p>	<p>24</p>
<p>25 10:30 Mass (Chapel, Ch. 2494)</p>	<p>26 8:35 Senior Fit (WR) 9:30 Spiritual Reflection (Ch. 2494) 11:00 Mass (Chpl / Ch. 2494) 3:30 Prayer Service (Ch. 2494)</p>	<p>27 9:00 Lutheran Service 10:15 Rosary (Ch. 2494) 11:00 Mass (Chpl, Ch. 2494) 1:15 Exercise Group (WR) 1:15 Stations of the Cross (Chapel) 2:00 Presentation on Immigration Law (GC)</p>	<p>28 8:35 Senior Fit (WR) 9:00 Open Swim (Pool) 10:15 Divine Mercy Chaplet (Ch. 2494) 11:00 Mass (Chpl / Ch. 2494) 3:00 Holy Hour (Ch. 2494)</p>	<p>29 9:30 Spiritual Reflection (Ch. 2494) 11:00 Mass (Chpl, Ch. 2494) 1:15 Vitality in Motion (WR) 2:00 Musician Biography: Carole King (Gleason Centre)</p>		

All activities in the Activity Room unless otherwise noted in parenthesis () following the activity name. Activities are subject to change. (Chpl) Chapel (GC) Gleason Center (SMTR) Sister Mary Timlin Room (DR) Dining Room