



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 <b>All Saints Day</b> 8:35 Senior Fit (WR) 9:00 Open Swim (Pool) 10:15 <b>Divine Mercy Chaplet</b> (Ch. 2494) 11:00 <b>Mass</b> (Chapel / Ch. 2494) 1:30 CSJ Meeting (GC)	2 9:30 <b>Spiritual Reflection</b> (Ch. 2494) 10:00 NLC Gift Shop on Wheels (CM 1 <sup>st</sup> Floor) 11:00 <b>Mass</b> (Chapel / Ch. 2494) 1:00 Vitality Ballet (WR) 2:00 Drum Practice (MR)	3 9:00 Water Exercise (Pool) 10:15 <b>Rosary</b> (Ch. 2494) 11:00 <b>Mass</b> (Chapel / Ch. 2494) 1:15 Exercise Group (WR) 2:00 Bingo (GC) 5:30 Movie Night (Ch. 2494)	4 10:00 Pottery Class (GC)
5 10:30 <b>Mass of Remembrance</b> (Ch. 2494 / Chapel) 1:30 Bingo with Premedical Scholars from University of Missouri (GC)	6 8:35 Senior Fit (WR) 9:30 <b>Spiritual Reflection</b> (Chapel, Ch. 2494) 11:00 <b>Mass</b> (Chapel / Ch. 2494) 2:00 Netflix Series: "All The Light We Cannot See" (GC) 3:30 <b>Prayer Service</b> (Ch. 2494)	7 9:00 NLC Gift Shop on Wheels (CM 1 <sup>st</sup> Floor) 10:00 <b>Funeral Mass for Sr. Carol Patron</b> (Chapel) 1:00 Reflection on Grief (SMTR) 3:00 <b>Holy Hour</b> (Ch. 2494)	8 8:35 Senior Fit (WR) 9:00 Open Swim (Pool) 10:15 <b>Divine Mercy Chaplet</b> (Ch. 2494) 11:00 <b>Mass</b> (Chapel / Ch. 2494) 1:15 Chime Practice (GC) 2:00 Choir Practice (GC)	9 9:30 <b>Spiritual Reflection</b> (Ch. 2494) 11:00 <b>Mass</b> (Chapel / Ch. 2494) 1:00 Mats for Homeless(SMTR) 1:15 Exercise to Music (WR) 2:00 <b>Sing-A-Long Sisters</b> (Chapel) 2:00 Drum Practice (MR)	10 9:00 Water Exercise (Pool) 10:00 <b>Confessions</b> (Chapel) 10:15 <b>Rosary</b> (Ch. 2494) 11:00 <b>Mass</b> (Chapel / Ch. 2494) 1:15 Exercise Group (WR) 2:00 Bingo (GC) 5:30 Movie Night (Ch. 2494)	11
12 10:30 <b>Mass</b> (Ch. 2494 / Chapel)	13 8:35 Senior Fit (WR) 9:30 <b>Spiritual Reflection</b> (Chapel, Ch. 2494) 9:45 Bookmobile (Cass) 11:00 <b>Mass</b> (Chapel / Ch. 2494) 2:00 Netflix Series: "All The Light We Cannot See" (GC) 3:30 <b>Prayer Service</b> (Ch. 2494)	14 9:00 Lutheran Service (Ch 2494) 10:15 <b>Rosary</b> (Ch. 2494) 11:00 <b>Mass</b> (Chapel / Ch. 2494) 1:15 Exercise Group 2:00 Resident Meeting (GC) 3:00 Resident Culinary Meeting (GC) 3:00 <b>Holy Hour</b> (Ch. 2494)	15 8:35 Senior Fit (WR) 9:00 Open Swim (Pool) 10:15 <b>Divine Mercy Chaplet</b> (Ch. 2494) 11:00 <b>Mass</b> (Chapel / Ch. 2494) 1:15 Chime Practice (GC) 2:00 Choir Practice (GC)	16 9:30 <b>Spiritual Reflection</b> (Ch. 2494) 10:00 NLC Gift Shop on Wheels (CM 1 <sup>st</sup> Floor) 11:00 <b>Mass</b> (Chapel / Ch. 2494) 1:00 Vitality Ballet (WR) 2:00 Drum Practice (MR) 3:00 Therapy Presentation "Arthritis" (GC)	17 9:00 Water Exercise (Pool) 10:15 <b>Rosary</b> (Ch. 2494) 11:00 <b>Mass</b> (Chapel / Ch. 2494) 1:15 Exercise Group (WR) 2:00 Bingo (GC) 5:30 Movie Night (Ch. 2494)	18 10:00 Pottery Class (GC)
19 10:30 <b>Mass</b> (Ch. 2494 / Chapel)	20 8:35 Senior Fit (WR) 9:30 <b>Spiritual Reflection</b> (Chapel, Ch. 2494) 11:00 <b>Mass</b> (Chapel / Ch. 2494) 2:00 Netflix Series: "All The Light We Cannot See" (GC) 3:30 <b>Prayer Service</b> (Ch. 2494)	21 9:00 Lutheran Service (Ch 2494) 9:00 NLC Gift Shop on Wheels (CM 1 <sup>st</sup> Floor) 10:15 <b>Rosary</b> (Ch. 2494) 11:00 <b>Mass</b> (Chapel / Ch. 2494) 1:15 Exercise Group (WR) 2:00 <b>Music with Rekha Dravina</b> (Chapel) 3:00 <b>Holy Hour</b> (Ch. 2494)	22 <b>Feast of Mother St. John Fontbonne</b> 8:35 Senior Fit (WR) 9:00 Open Swim (Pool) 10:30 <b>Mass</b> (Chapel / Ch. 2494) 1:15 Chime Practice (GC) 2:00 Choir Practice (GC)	23 <b>Thanksgiving Day</b> 9:30 <b>Mass</b> (Chapel / Ch. 2494) 10:30 Craft – Autumn Sugar Scrub (WR)	24 9:00 Water Exercise (Pool) 10:15 <b>Rosary</b> (Ch. 2494) 11:00 <b>Mass</b> (Chapel / Ch. 2494) 1:15 Exercise Group (WR) 2:00 Bingo (GC) 5:30 Movie Night (Ch. 2494)	25
26 10:30 <b>Mass</b> (Ch. 2494 / Chapel)	27 8:35 Senior Fit (WR) 9:30 <b>Spiritual Reflection</b> (Chapel, Ch. 2494) 11:00 <b>Mass</b> (Chapel / Ch. 2494) 2:00 Netflix Series: "All The Light We Cannot See" (GC) 3:30 <b>Prayer Service</b> (Ch. 2494)	28 9:00 Lutheran Service (Ch 2494) 10:15 <b>Rosary</b> (Ch. 2494) 11:00 <b>Mass</b> (Chapel / Ch. 2494) 1:15 Exercise Group (WR) 2:00 <b>Happy Hour with Matt Davis</b> (SMTR) 3:00 <b>Holy Hour</b> (Ch. 2494)	29 8:35 Senior Fit (WR) 9:00 Open Swim (Pool) 10:15 <b>Divine Mercy Chaplet</b> (Ch. 2494) 11:00 <b>Mass</b> (Chapel / Ch. 2494) 1:15 Chime Practice (GC) 2:00 Choir Practice (GC)	30 9:30 <b>Spiritual Reflection</b> (Ch. 2494) 11:00 <b>Mass</b> (Chapel / Ch. 2494) 1:15 Exercise to Music (WR) 2:00 Drum Practice (MR)		

Please check the location of activities in parentheses () following the activity name.

GC is for Gleason Center. MR is for Music Room. WR is for Wellness Room. SMTR is for Sister Mary Timlin Room. Activities are subject to change.