



Carondelet Manor

July 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<i>Nazareth Living Center 6 Nazareth Lane St. Louis, MO 63129</i>		1 8:35 Group Exercise (WR) 9:30 Water Exercise (Pool) 10:15 Rosary (901) 11:00 Mass (Chapel, 901) 1:15 Group Exercise (WR) 2:00 Bingo (GC) 5:30 Movie (901)	2 9:00 Lutheran Service (901) 1:00 Movie (901)
3 10:30 Mass (Ch. 901)	4 9:30 Mass (Chapel, 901) 2:00 Patriotic Music/Trivia (901) 3:30 Prayer Service (901) INDEPENDENCE DAY	5 10:15 Rosary (901) 11:00 Mass (Chapel, 901) 1:15 Group Exercise (WR) 2:00 Water Exercise (Pool)	6 8:35 Senior Fit (WR) 10:15 Divine Mercy Chaplet (901) 11:00 Mass (Chapel, 901) 1:15 Group Exercise (WR) 2:00 Make a Blanket (GC) 3:00 Holy Hour (901)	7 9:30 Spiritual Reflection (901) 11:00 Mass (Chapel, 901) 1:15 Group Exercise (WR) 1:00 CSJ Community Meeting 2:00 Entertainment: Matt Davis (SMTR)	8 8:35 Group Exercise (WR) 9:30 Water Exercise (Pool) 10:15 Rosary (901) 11:00 Mass (Chapel, 901) 1:30-200 Sno Cones (Patio) 5:30 Movie (901)	9 9:00 Lutheran Service (901) 1:00 2020 Nazareth Christmas Concert (901)
10 10:30 Mass (Ch. 901)	11 8:35 Senior Fit (WR) 9:30 Spiritual Reflection (901) 9:45 Bookmobile (Cass) 11:00 Mass (Chapel, 901) 3:30 Prayer Service (901)	12 8:30 Kitten visit (WR) 10:15 Rosary (901) 11:00 Mass (Chapel, 901) 1:15 Group Exercise (WR) 2:00 Resident Meeting (GC)	13 8:35 Senior Fit (WR) 10:15 Divine Mercy Chaplet (901) 11:00 Mass (Chapel, 901) 1:15 Group Exercise (WR) 2:00 Walker's Club 3:00 Holy Hour (901)	14 9:30 Spiritual Reflection (901) 11:00 Mass (Chapel, 901) 1:15 Group Exercise (WR) 2:00 Men's Club (McG AR)	15 8:35 Group Exercise (WR) 9:30 Water Exercise (Pool) 10:15 Rosary (901) 11:00 Mass (Chapel, 901) 1:15 Group Exercise (WR) 2:00 Bingo (GC) 5:30 Movie (901)	16 9:00 Lutheran Service (901) 1:00 Movie (901)
17 10:30 Mass (Ch. 901)	18 8:35 Senior Fit (WR) 9:30 Spiritual Reflection (901) 11:00 Mass (Chapel, 901) 3:30 Prayer Service (901)	19 10:15 Rosary (901) 11:00 Mass (Chapel, 901) 1:15 Group Exercise (WR)	20 8:35 Senior Fit (WR) 10:15 Divine Mercy Chaplet (901) 11:00 Mass (Chapel, 901) 1:15 Group Exercise (WR) 2:00 Christmas in July (GC) Sing a Long with Christmas Concert info! 3:00 Holy Hour (901)	21 9:30 Spiritual Reflection (901) 11:00 Mass (Chapel, 901) 1:15 Group Exercise (WR) 2:00 Daiquiri Day (GC)	22 8:35 Group Exercise (WR) 9:30 Water Exercise (Pool) 10:15 Rosary (901) 11:00 Mass (Chapel, 901) 1:15 Group Exercise (WR) 5:30 Movie (901)	23 9:00 Lutheran Service (901) 1:00 2021 Nazareth Christmas Concert (901)
24 10:30 Mass (Ch. 901)	25 8:35 Senior Fit (WR) 9:30 Spiritual Reflection (901) 9:45 Bookmobile (Cass) 11:00 Mass (Chapel, 901)	26 10:15 Rosary (901) 11:00 Mass (Chapel, 901) 1:15 Group Exercise (WR) 2:00 Water Exercise (Pool)	27 8:35 Senior Fit (WR) 10:15 Divine Mercy Chaplet (901) 11:00 Mass (Chapel, 901) 1:15 Group Exercise (WR) 2:00 Entertainment: John & Doe (SMTR) 3:00 Holy Hour (901)	28 9:30 Spiritual Reflection (901) 11:00 Mass (Chapel, 901) 1:15 Group Exercise (WR) 2:00 Balloon Volleyball (WR)	29 8:35 Group Exercise (WR) 9:30 Water Exercise (Pool) 10:15 Rosary (901) 11:00 Mass (Chapel, 901) 1:15 Group Exercise (WR) 2:00 Bingo (GC) 5:30 Movie (901)	30 9:00 Lutheran Service (901) 1:00 Movie (901)
31 10:30 Mass (Ch. 901)						

Activities are subject to change. WR=Wellness Room-2nd floor, CR=Craft Room-2nd floor, GC=Gleason Center-3rd floor

* Walker's Club meet at the front desk, plan to walk indoors unless it's nice out. **Men's Club meet in McGovern Activity Room