

St. Joseph Manor, 2nd Floor

January 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 New Year's Day
2 10:30 Mass (Chapel, 901)	3 9:30 Spiritual Reflection (901) 10:00 Exercise Group (AR) 11:00 Mass (Chapel, 901) 2:00 Trivia: Missouri (AR) 3:00 Prayer Service (901)	4 10:00 Walking Club 10:15 Rosary (901) 11:00 Mass (Chapel, 901) 2:00 Extinct Jobs	5 9:30 Poetry Hour – Winter (AR) 10:15 Divine Mercy Chaplet (Ch. 901) 11:00 Mass (Chapel, 901) 1:30 Exercise w/ Andrea (AR) 2:00 Bingo (1 st Floor) 3:00 Holy Hour (901)	6 EPIPHANY 9:30 Spiritual Reflection (901) 11:00 Mass (Chapel, 901) 2:00 Getting To Know You (AR)	7 10:00 Exercise Group (AR) 10:15 Rosary (901) 11:00 Mass (Chapel, 901) 2:00 Music Therapy (AR) 5:30 Movie (901)	8 9:00 Lutheran Service (901) 1:00 Movie (901)
9 10:30 Mass (Chapel, 901)	10 9:30 Spiritual Reflection (901) 9:45-10:30 Bookmobile (Cass) 10:00 Memorial Mass (Chapel, 901) 3:00 St. Louis Co. Library Presents: Quilting (AR) 3:00 Prayer Service (901)	11 9:45 Resident Meeting* 10:15 Rosary (901) 11:00 Mass (Chapel, 901) 2:00 Exercise Group (AR)	12 9:30 St. Louis Trivia (AR) 10:15 Divine Mercy Chaplet (Ch. 901) 11:00 Mass (Chapel, 901) 1:30 Exercise w/ Andrea (AR) 2:00 Bingo (1 st Floor) 3:00 Holy Hour (901)	13 9:30 Spiritual Reflection (901) 11:00 Mass (Chapel, 901) 2:00 Long Word/Short Word (AR)	14 10:00 Exercise Group (AR) 10:15 Rosary (901) 11:00 Mass (Chapel, 901) 2:00 Music Therapy (AR) 5:30 Movie (901)	15 9:00 Lutheran Service (901)
16 10:30 Mass (Chapel, 901)	17 Martin Luther King Day 9:30 Spiritual Reflection (901) 10:00 Exercise Group (AR) 11:00 Mass (Chapel, 901) 2:00 Movie about MLK (901) 3:00 Prayer Service (901)	18 10:00 Walking Club 10:15 Rosary (901) 11:00 Mass (Chapel, 901) 2:00 Bingo (1 st Floor)	19 9:30 Finish the Phrase (AR) 10:15 Divine Mercy Chaplet (Ch. 901) 11:00 Mass (Chapel, 901) 2:00 Live Music with Lamar Pilsing (SMTR) 3:00 Holy Hour (901)	20 9:30 Spiritual Reflection (901) 11:00 Mass (Chapel, 901) 2:00 Cooking Group	21 10:00 Exercise Group (AR) 10:15 Rosary (901) 11:00 Mass (Chapel, 901) 2:00 Drums for Fun (AR) 5:30 Movie (901)	22 9:00 Lutheran Service (901) 1:00 Movie (901)
23 10:30 Mass (Chapel, 901)	24 9:30 Spiritual Reflection (901) 9:45-10:30 Bookmobile (Cass) 10:00 Exercise Group (AR) 11:00 Mass (Chapel, 901) 2:00 Crossword Craze (AR) 3:00 Prayer Service (901)	25 10:00 Walking Club 10:15 Rosary (901) 11:00 Mass (Chapel, 901) 2:00 Left Right Center Dice Game	26 9:30 Winter Trivia (AR) 10:15 Divine Mercy Chaplet (Ch. 901) 11:00 Mass (Chapel, 901) 1:30 Exercise w/ Andrea (AR) 2:00 Bingo (1 st Floor) 3:00 Holy Hour (901)	27 9:30 Spiritual Reflection (901) 11:00 Mass (Chapel, 901) 2:00 Exercise Group (AR)	28 10:00 Exercise Group (AR) 10:15 Rosary (901) 11:00 Mass (Chapel, 901) 2:00 Music Therapy (AR) 5:30 Movie (901)	29 9:00 Lutheran Service (901)
30 10:30 Mass (Chapel, 901)	31 9:30 Spiritual Reflection (901) 10:00 Exercise Group (AR) 11:00 Mass (Chapel, 901) 2:00 Crafts (AR) 3:00 Prayer Service (901)	Nazareth Living Center 4 Nazareth Lane St. Louis, MO 63129				

Activities are subject to change. *Resident meeting in the Dining Room. AR=Activity Room

