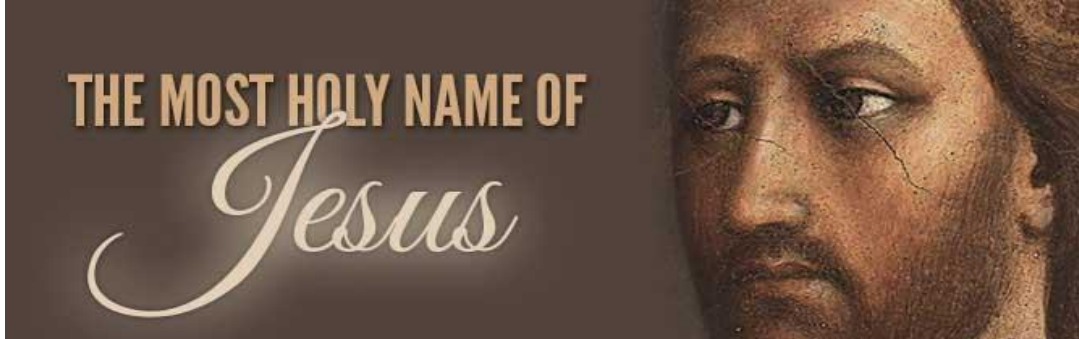


St. Joseph Manor – 1st Floor

January 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 New Year's Day
2 10:30 Mass	3 9:30 Spiritual Reflections (901) 11:00 Mass 2:00 Now and Then Game 3:00 Prayer Service (901) 3:00 Arm exercises	4 10:00 Morning Prayers 11:00 Mass 2:00 Winter Poetry Hour	5 10:00 Morning Stretches 11:00 Mass 2:00 Bingo 3:00 Rosary	6 Epiphany 10:00 Balloon Volleyball 11:00 Mass 2:00 Rosary	7 10:00 Music Therapy 11:00 Mass 2:00 Stations of the Cross 5:30 Movie Night (901)	8 9:00 Lutheran Service 1:00 Movie
9 10:30 Mass	10 9:30 Spiritual Reflections (901) 10:00 Memorial Mass 2:00 Catholic Trivia 3:00 Prayer Service (901)	11 10:00 Morning Prayers 11:00 Mass 2:00 What's Your Word?	12 10:00 Morning Stretches 11:00 Mass 2:00 Bingo 3:00 Rosary	13 10:00 Presentation on Winter Horticulture 11:00 Mass 2:00 Rosary	14 10:00 Music Therapy 11:00 Mass 2:00 Presentation on the Holy Name of Jesus 5:30 Movie Night (901)	15 9:00 Lutheran Service
16 10:30 Mass	17 MLK Day 9:30 Spiritual Reflections (901) 11:00 Mass 2:00 Pun Intended (Game) 3:00 Prayer Service (901) 3:30 Arm exercises	18 10:00 Morning Prayers 11:00 Mass 2:00 Bingo	19 10:00 Morning Stretches 11:00 Mass 2:00 Entertainment: Lamar Pilsing (SMTR) 3:00 Rosary	20 10:00 Let's make a German Chocolate Cake! 11:00 Mass 2:00 Rosary	21 10:00 Drums for Fun 11:00 Mass 2:00 Discussion on Religious Unity 5:30 Movie Night (901)	22 9:00 Lutheran Service 1:00 Movie
23 10:30 Mass	24 9:30 Spiritual Reflections (901) 11:00 Mass 2:00 Long Word Short Word 3:00 Prayer Service (901)	25 10:00 Morning Prayers 11:00 Mass 2:00 Winter Crafts	26 10:00 Morning Stretches 11:00 Mass 2:00 Bingo 3:00 Rosary	27 10:00 This Month in History 11:00 Mass 2:00 Rosary	28 10:00 Music Therapy 11:00 Mass 2:00 Devotion to the Holy Face of Jesus 5:30 Movie Night (901)	29 9:00 Lutheran Service
30 10:30 Mass	31 9:30 Spiritual Reflections (901) 11:00 Mass 2:00 Name Ten (Game) 3:00 Prayer Service (901) 3:30 Arm exercises	<p><i>Nazareth Living Center</i> <i>4 Nazareth Lane</i> <i>St. Louis, MO 63129</i></p>				

Please check the location of activity in parentheses () following the activity name. AR is for Activity Room. Activities are subject to change.